CLAIMS:

- 1. A method for selecting a compound capable of binding to a tyrosine kinase domain of an insulin-like growth factor-l (IGF1) receptor, comprising:
 - (a) determining an ability of a test compound to fit into a three-dimensional structure formed by the tyrosine kinase domain of the IGF1 receptor; and
 - (b) selecting a test compound predicted to fit the three-dimensional structure.
- 2. The method of claim 1, wherein the method is computer-assisted.
- 3. The method of claim 1, wherein the three-dimensional structure is the tyrosine kinase domain of the IGF1 receptor described by the coordinates of APPENDIX A.
- 4. The method of claim 1, wherein the IGF1 receptor comprises the sequence of SEQ ID NO: 1.
- 5. The method of claim 3, wherein the tyrosine kinase domain of the IGF1 receptor comprises amino acid residues 992-1292 of SEQ ID NO: 1.
- 6. The method of claim 2, wherein the computer-assisted method comprises virtual ligand docking and screening techniques capable of designing and/or identifying a compound predicted to bind a three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor.
- 7. The method of claim 6, wherein the three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor is selected from the group consisting of an ATP-binding pocket, a peptide substrate binding groove, a hinge region on the backside of the kinase domain, and an alpha helix C.

- 8. The method of claim 6, wherein the compound predicted to bind to a three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor is predicted to bind with high affinity.
- 9. The method of claim 6, wherein binding to a three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor is predicted to modulate an activity of the IGF1 receptor.
- 10. The method of claim 9, wherein modulating an activity of the IGF1 receptor reduces or inhibits an activity of the IGF1 receptor.
- 11. The method of claim 9, wherein modulating an activity of the IGF1 receptor increases or prolongs an activity of the IGF1 receptor.
- 12. A method of discriminating between compounds capable of binding to an insulin-like growth factor 1 (IGF1) receptor or an insulin receptor, comprising:
- (a) determining an ability of a test compound to fit into a three-dimensional structure formed by a tyrosine kinase domain of the IGF1 receptor;
 - (b) determining an ability of the test compound to bind the insulin receptor; and
- (c) selecting a test compound predicted to fit a three-dimensional structure formed by the tyrosine kinase domain of the IGF1 receptor, said test compound not capable of binding to the insulin receptor.
- 13. A computer-assisted method for designing a compound capable of binding a tyrosine kinase domain of an insulin-like growth factor-l (IGF1) receptor, comprising:
- (a) determining an ability of a test compound to fit into a three-dimensional structure formed by the tyrosine kinase domain of the IGF1 receptor (IGF1RK);
 - (b) generating the test compound;

- (c) contacting the test compound with the three-dimensional IGF1RK structure; and
- (d) determining if the test compound binds IGF1RK.
- 14. The method of claim 13, wherein the three-dimensional structure is the tyrosine kinase domain of the IGF1 receptor described by the coordinates of APPENDIX A.
- 15. The method of claim 13, wherein the tyrosine kinase domain of the IGF1 receptor comprises amino acid residues 992-1292 of SEQ ID NO: 1
- 16. The method of claim 13, wherein the computer-assisted method is virtual ligand docking and screening techniques capable of designing and/or identifying a compound predicted to bind to a three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor.
- 17. The method of claim 16, wherein the three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor is selected from the group consisting of an ATP-binding pocket, a peptide substrate binding groove, a hinge region on the backside of the kinase domain, and an alpha helix C.
- 18. The method of claim 13, wherein binding of the test compound to the IGF1RK is predicted to modulate an IGF1 receptor activity.
- 19. The method of claim 18, wherein binding of the test compound to the IGF1RK is predicted to reduce or inhibit an IGF1 receptor activity.
- 20. The method of claim 18, wherein binding of the test compound to the IGF1RK is predicted to enhance or prolong an IGF1 receptor activity.
- 21. The method of claim 18, wherein the IGF1 receptor activity is tyrosine kinase activity.
- 22. A computer-assisted method for designing a molecule capable of modulating an activity of an insulin-like growth factor-l (IGFl) receptor, comprising:

- (a) determining an ability of a test molecule to fit into a three-dimensional structure formed by a tyrosine kinase domain of the IGFl receptor;
- (b) selecting the test molecule predicted to bind the tyrosine kinase domain of the IGF1 receptor;
 - (c) generating the test molecule;
 - (d) contacting the test molecule with the three-dimensional IGF1RK structure; and
- (e) determining if the test molecule binds IGF1RK, wherein a test molecule capable of binding to the IGF1RK and modulating an activity of the IGF1RK is a modulator of the IGF1 receptor.
- 23. The method of claim 22, wherein the three-dimensional structure is the tyrosine kinase domain of the IGF1 receptor having coordinates of APPENDIX A.
- 24. The method of claim 22, wherein the tyrosine kinase domain of the IGF1 receptor comprises amino acid residues 992-1292 of SEQ ID NO: 1
- 25. The method of claim 22, wherein the computer-assisted method is virtual ligand docking and screening techniques capable designing and/or identifying a compound predicted to bind to a three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor.
- 26. The method of claim 25, wherein the three-dimensional motif of the tyrosine kinase domain of the IGF1 receptor is selected from the group consisting of an ATP-binding pocket, a peptide substrate binding groove, a hinge region on the backside of the kinase domain, and an alpha helix C.
- 27. The method of claim 22, wherein the modulator is capable of reducing or inhibiting IGF1RK activity.

- 28. The method of claim 22, wherein the modulator is capable of increasing or prolonging IGF1RK activity.
- 29. The method of claim 22, wherein the test molecule is a non-peptide-based molecule or a peptide-based molecule.
- 30. The method of claim 1, wherein the test compound is a non-peptide-based molecule or a peptide-based molecule.
- 31. The method of claim 12, wherein the test compound is a non-peptide-based molecule or a peptide-based molecule.
- 32. The method of claim 13, wherein the test compound is a non-peptide-based molecule or a peptide-based molecule.